

# Evidence-Based Ketogenic & Low Carbohydrate Therapeutic Interventions to Manage T2 Diabetes

*Moderated by Amy Waugh RD, CDE, Clinician Resource*

FRIDAY NOVEMBER 27, 2020  
9:00 AM- 3:15 PM

Please join us for this great 1 day virtual workshop for Dietitians. This workshop will leave you better prepared to understand Ketogenic/Low CHO interventions to better support people choosing these options to improve their glycemic control.

## GUEST SPEAKERS:

- Karen Riley, RPh, BScPhm, Pharm D, BCPS, BCGP, BCACP, CDE
- Valerie Goldstein, MS, RD, CDE
- Eliana Witchell, MSc, RD
- Michelle Shepherd, RD

## GAIN INVALUABLE TOOLS TO:

- Be better informed of the evolution and evidence
- Be aware of safety precautions/medication management
- Understand the intricacies of the intervention
- Implement effective care plans with clients

## REGISTRATION IS REQUIRED

Please visit [www.wwsselfmanagement.ca](http://www.wwsselfmanagement.ca)  
or call 519-947-1000 ext 255

